

Report toMarlborough Area Board **Date of meeting**4th September 2018

Title of report Health and Wellbeing funding

Purpose of the Report:

To consider the applications for funding listed below.

Applicant	Project title	Amount requested
Alzheimer's Support	Mildenhall Memory Group	£3,350.18

1. Background

Area Boards have a delegated revenue budget for 2018/19 of £6,700 to support projects to improve health and wellbeing in the community area. This funding is focussed at, but not limited to, supporting the health and wellbeing of older people and vulnerable people within our community.

2. Main Considerations

- 2.1. Councillors will need to be satisfied that funding awarded in the 2017/2018 year is made to projects that can realistically proceed within a year of it being awarded.
- 2.2. Councillors must ensure that the distribution of funding is in accordance with the Scheme of Delegation to Area Boards.
- 2.3. Councillors will need to be satisfied that the applications will improve health and wellbeing in the area and should consider the views of their local Health and Wellbeing Group.

3. Environmental & Community Implications

Grant Funding will contribute to the continuance and/or improvement of wellbeing in the community area, the extent of which will be dependent upon the individual project.

4. Financial Implications

Financial provision had been made to cover this expenditure.

5. Legal Implications

There are no specific legal implications related to this report.

6. Human Resources Implications

There are no specific human resources implications related to this report.

7. Equality and Inclusion Implications

Community Area Boards must fully consider the equality impacts of their decisions in order to meet the Council's Public Sector Equality Duty.

Applicants have equal opportunity to receive funding towards community based projects and schemes, where they meet the funding criteria.

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8. Safeguarding Implications

The Area Board has ensured that the necessary policies and procedures are in place to safeguard children, young people and vulnerable adults.

9. Applications for consideration

Applicant	Project Proposal	Requested
Alzheimer's Support	Mildenhall Memory Group	£3,350.18

Project description

The Mildenhall community group for people with dementia and their family carers has been set up to bring music and movement sessions to the Marlborough area. The group takes place in the Village Hall and is free and accessible. Attending groups alongside their family carers, participants experience a boost in confidence, mood and self-esteem. This group has already been shown to have given improvements to the health & wellbeing of members.

Alzheimer's Support offers access to dementia specific services within five miles of every Wiltshire resident and Mildenhall is geographically ideal to cater for Marlborough and East Wiltshire. The closest group currently is their music group in Lockeridge. Alzheimer's Support also offer a monthly carers' only group in Marlborough. This group in Mildenhall fills a gap both with its location, the inclusive target group and with the activities on offer.

As well as an opportunity for people living with dementia to socialise with others and giving their carers a time to talk speak with Alzheimer's Support's advisers, the group offers Movement for the Mind and Music for the Mind sessions on alternate weeks. These are recognised as useful therapy for people with this condition. Music for the Mind builds on the fact that music appears to 'unlock' parts of the brain and people often retain song words and melodies longer than other memories. The sessions are carefully structured to be both stimulating and fun.

The group at Mildenhall was established in January 2018 with help from funding from Marlborough Area Board. It takes place weekly throughout the year and is regarded as a success by Alzheimer's Support. They are now seeking additional funding to help continue the group through to the end of the financial year 2018/19 after the end of the pilot. Under Health & Wellbeing criteria, area boards are able to provide funding towards continuing running costs for groups that are felt to provide a useful and worthwhile service to the local community.

The project is welcomed and supported by Marlborough's Dementia Action Alliance

Recommendation:

That the application meets the grant criteria and is approved for the amount of £3,350.18

No unpublished documents have been relied upon in the preparation of this report

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